

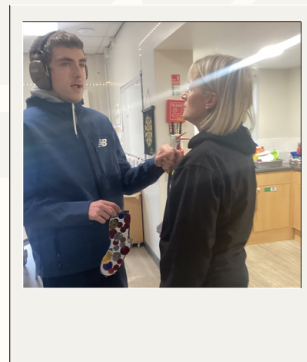
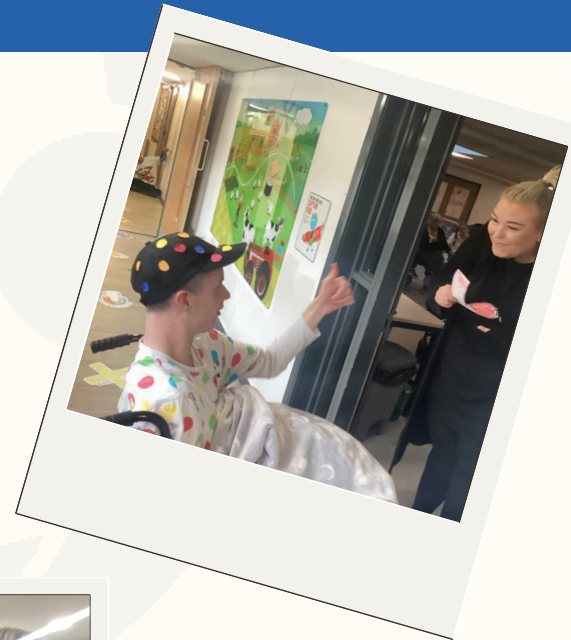
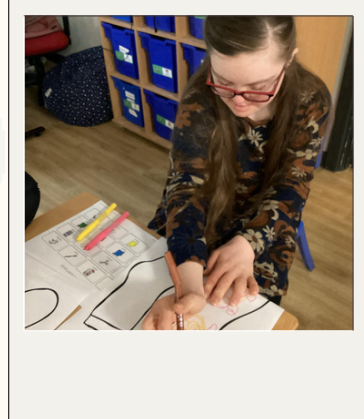
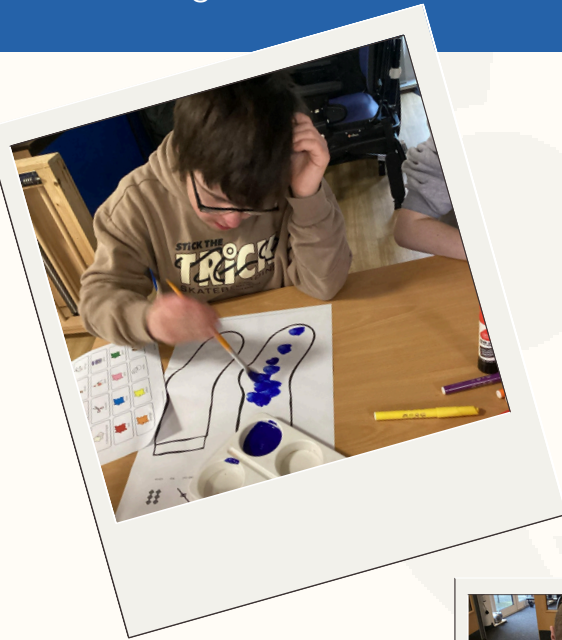


MAYFIELD
SCHOOL
DREAM • BELIEVE • ACHIEVE

SAFEGUARDING NEWSLETTER

Welcome to the Mayfield Parents Safeguarding Newsletter

Hello and welcome to the latest edition of our Parents Safeguarding Newsletter. This week, we've put the spotlight on Anti-Bullying Week and celebrated Kindness Day on Wednesday. A huge thank you to all our wonderful staff and pupils for joining in our school-wide kindness activity! As you can see from the photos below, everyone had a fantastic time giving and receiving their "odd socks" as a fun act of kindness.



Bullying - What can you do as a parent?

As parents and carers, we all want our children to feel happy and safe, so it's natural to worry about bullying—especially if we've experienced it ourselves or feel our child may be more vulnerable. The good news is you're not alone! To support families, the Anti-Bullying Alliance has created a [special parent/carer pack](#) for Anti-Bullying Week. This helpful resource provides information about bullying, practical advice on what to do if you're concerned, and tools to help you have meaningful conversations with your children about bullying.

Targeted Support at Mayfield

Pupils identified as needing additional emotional support are referred to our trained ELSA (Emotional Literacy Support Assistant), Lin Broxson, for a tailored programme of support.

Most ELSA programmes run for 6 to 12 weeks, helping pupils develop specific new skills or coping strategies. Clear goals, using SMART targets, are set early on, and each session has a focused objective—something the ELSA aims to help the pupil understand or achieve. The ELSA's role isn't to 'fix' the child. For pupils with complex or long-term needs, it's unrealistic to expect ELSA support to resolve all challenges. Change is a gradual process that requires the involvement of everyone around the child.

ELSA sessions are designed to be enjoyable, as this is what truly makes a difference. ELSA support isn't a reward for poor behaviour; rather, it's about building a positive relationship that helps pupils reflect on and reduce challenging behaviours over time.

To ensure continuity, pupils are regularly released from lessons to attend ELSA sessions. Importantly, the ELSA role is separate from behaviour management—ELSA time is not intended for handling incidents or disciplining pupils. Instead, pupils are encouraged to explore and find their own solutions, with guidance rather than instruction.

Our Trained ELSA

Lin Broxson, our trained ELSA at Mayfield, is available to answer any questions about the ELSA programme. If you're concerned about something impacting your child's emotional wellbeing, please contact Lin at lin.b@chorleymayfield.lancs.sch.uk to discuss whether ELSA support might benefit your child.

Useful Helplines & Websites

- **YoungMinds Parents Helpline:** Support for parents and carers concerned about a child or young person's mental health. The helpline provides detailed advice, emotional support, and signposting to additional resources.
 - **Contact Information:**
 - **Phone:** 0808 802 5544
 - **Webchat:** Available Monday-Friday, 9.30am–4pm (messages can also be left for an email response within 3-5 working days when closed)
- **Childnet:** Provides information and advice about cyberbullying, online safety, and setting healthy boundaries around screen time.
 - **Website:** [Childnet](https://www.childnet.com)
- **Stop Hate UK:** A confidential, independent helpline for individuals experiencing hate crime and discrimination. Use the helpline to report incidents and receive support.
 - **Availability:** 24/7 via phone, text, or email (check website to confirm availability in your area)
 - **Website:** [Stop Hate UK](https://www.stophateuk.com)
- **Respectme:** Scotland's anti-bullying service offering information, advice, and support for families affected by bullying.
 - **Website:** [respectme](https://www.respectme.org.uk)